

VETERINARY WELLBEING SUMMIT AGENDA

Nov 17-19, 2019

Rosemont, IL

Sunday, November 17

12:00 PM – 1:00 PM	Lunch/Welcome	AVMA, AAVMC, Zoetis
1:10 PM – 2:00 PM	Featured Presentation – We’re all in it Together	Dr. Elizabeth Strand, PhD, LCSW
2:00 PM – 2:15 PM	Break	
2:15 PM – 4:00 PM	Featured Presentation – Opening the One Medicine Umbrella to Reduce Veterinary Burnout and Suicides	Dr. Michelle Gaspar, DVM MA, LCPC Dr. Randall Levin, MD Dr. Steve Moffic, MD
4:00 PM – 4:30 PM	Break	
	Breakout Sessions	
4:30 PM – 5:20 PM	Connect in Compassion: Three Essential Practices to Strengthen Cultural Competence and Wellbeing in the Veterinary Workplace	Dr. Linda Harper, PhD
	Assessing Wellbeing Across Lifestyle and Demographic (25 minutes)	Dr. Bridgette Bain, PhD
	The Collaborative Approach to the Veterinary Debt Initiative (25 minutes)	Dr. Caroline Cantner, PhD
	The Power of You: A story of Commitment, Imagination, Action and Transformation	Dr. Quincy Hawley, DVM
	Transitioning Your Skills for Wellbeing: From Vet School to Career	Rebecca Mears, Stevie Stigler LPC, NCC, Elizabeth Cheely, LCSW
	The Landscape of Student Anxiety, Generational Differences and What Can Be Done	Bethany Colaprete, LMHC, LPC, EdS Dr. Valerie Russo PhD, LMHC, LPC
	The Regulators Role in Wellbeing: Part of the Program and Part of the Solution	Dr. Tim Kolb, DVM
	Preventing Suicides in Veterinary Medicine: Where Do We Start?	Lisa Stuart Brown, LCSW, MBA Scott Mogren
	Wellbeing activities throughout the day	

Monday, November 18

8:00 AM – 8:50 AM	Breakfast	
9:00 AM – 9:50 AM	Featured Presentation – Key Findings of the Merck Animal Health Veterinary Wellbeing Study	John Volk
	Breakout Sessions	
10:00 AM – 10:50 AM	The Big Five Personality Styles in Veterinary Medicine	Dr. Elizabeth Strand PhD, LCSW
	The Secret Sauce of Resilient, Effective Teams	Josh Vaisman
	Developing a Strategic Organizational Plan for Wellbeing	Mackenzie Peterson
	Breakout Sessions	
10:00 AM – 11:40 AM	Progressive Leadership: How to Build a Robust Wellbeing Army for Your Organization	Dr. Quincy Hawley, DVM
	Challenging Stigma as Culture Competence	Dr. Kerry Karaffa, PhD Dr. Tamara Hancock, DVM, MS, Dipl ACVP, PhD
	It's Better than Ok to be Imperfect: Let's Talk Trust and Vulnerability	Rebecca Rose, CVT Dr. Marci Kirk, DVM
	Intentional Living	Dr. John Jacobson, DVM, PhD
11:00 AM– 11:50 AM	Connect in Compassion: Three Essential Practices to Strengthen Cultural Competence and Wellbeing in the Veterinary Workplace	Dr. Linda Harper, PhD
	The Landscape of Student Anxiety, Generational Differences and What Can Be Done	Bethany Colaprete LMHC, LPC, EdS Dr. Valerie Russo, PhD, LMHC, LPC
	Transitioning Your Skills for Wellbeing: From Vet School to Career	Rebecca Mears, Stevie Stigler, LPC, NCC Elizabeth Cheely, LCSW
Wellbeing activities available throughout the day		
11:50 AM – 12:45 PM	Lunch	
12:45 PM – 1:00 PM	Break	
1:00 PM – 2:50 PM	Featured Presentation – QPR Training	Dr. Jen Brandt, LISW-S, PhD

2:00 PM – 3:00 PM	Break	
3:00 PM – 3:50 PM	Featured Presentation – Transforming from a Culture of Competition and Self-sacrifice into a Culture of Wellbeing	Dr. Julie Ducote, DVM, ACVIM Sandra Brackenridge, LCSW

Tuesday, November 19

8:00 AM – 8:50 AM	Breakfast	
8:50 AM – 9:00 AM	Break	
9:00 AM – 10:15 AM	Featured Presentation – Wellness and Mental Health: Preventing Suicide and Building Resilience Among Our Own	Dr. Christine Yu Moutier, MD
10:15 AM – 10:30 AM	Break	
	Breakout Sessions	
10:30 AM – 11:20 AM	The Big Five Personality Styles in Veterinary Medicine	Dr. Elizabeth Strand PhD, LCSW
	Connect in Compassion: Three Essential Practices to Strengthen Cultural Competence and Wellbeing in the Veterinary Workplace	Dr. Linda Harper, PhD
	Assessing Wellbeing Across Lifestyle and Demographic (25 minutes)	Dr. Bridgette Bain, PhD
	The Collaborative Approach to the Veterinary Debt Initiative (25 minutes)	Dr. Caroline Canter, VMD
	The Power of You: A Story of Commitment, Imagination, Action, and Transformation	Dr. Quincy Hawley, DVM
	Preventing Suicides in Veterinary Medicine: Where Do We Start?	Lisa Stuart Brown, LCSW, MBA Scott Mogren
	The Wellbeing Roadmap: A Guide for Veterinary Colleges	Bethany Colaprete, LMHC, LPC, EdS Dr. Stephanie Johnson, PhD
	The Secret Sauce of Resilient, Effective Teams	Josh Vaisman
	The Regulators Role in Wellbeing: Part of the Program and Part of the Solution	Dr. Tim Kolb, DVM
11:30 AM – 12:30 PM	Lunch/Closing Comments	