Student Guide –
One Health Case Study
**Introduction: The Village at Pine Crest:**

The *Village at Pine Crest* is an award-winning healthcare center offering short-term rehab, memory care, hospice care, and long term residential nursing care. The *Village* is equipped to provide complex medical treatment with an emphasis on individualized care and a strong belief in involving the family members of residents in the facility. The *Village* is designed to accommodate no more than 140 residents.

The *Village* is comprised of five distinct neighborhoods each with their own dining area, activity room and library. All of the neighborhoods have easy access to the secure garden courtyard. All residential apartments are located on the ground floor.

The acute rehabilitation neighborhood, specializing in the care of those recovering from acute surgical intervention or stroke, can lodge up to 30 clients in the 20 private rooms and 5 semiprivate rooms. The goal is to enable short-term rehabilitation clients to transition back to home as quickly as possible.

The memory care neighborhood is designed to provide a patient centered, safe, stimulating environment for those living with Alzheimer’s or dementia. The memory neighborhood is small to enable the staff to deliver highly personalized care, focusing on individual needs. There are 20 private rooms in the memory care neighborhood. Private rooms facilitate personalized care and minimize distractions for the residents.

The hospice neighborhood can comfortably house 10 patients and their families in 10 private apartments. Apartments can easily support a family member that would like to spend the night. The two residential neighborhoods are designed to accommodate no more than 80 residents with a total of 40 private rooms and 20 semiprivate rooms. The neighborhoods are designed to provide a homelike experience with daily activities and social programs.

**Services Provided:**
- Occupational, Physical, Recreational and Speech Therapy
- Personalized Wellness Programs
- Regular, Scheduled Care Conferences
- On Call Physician 24/7
- 24-hour Emergency Response System
- Optometrist, Podiatrist and Dentist available by appointment
- Full time Social Worker support
- Weekly Nurse Practitioner Rounds
- Stroke and Cardiovascular Rehab
- Orthopedic Rehab
- Diabetic Care
- Pulmonary Management/Oxygen Therapy
- Pain Management
- 24-hour skilled nursing care
- Discharge Planning
Learning Objectives: The learning objectives for each phase of this case study are as follows:

- **Preparatory Phase:**
  - Define the different types of human-animal interactions that occur in the healthcare setting.
  - Identify factors to ensure animal suitability, health, and well-being for human-animal interaction programs.

- **Phase I:**
  - Demonstrate successful completion of a SWOT analysis by identifying potential benefits and barriers for successful implementation of the program.
  - Create a budget and plan for financial sustainability of the program.

- **Phase II:**
  - Identify potential problems associated with the assigned program consideration area.
  - Develop policies and procedures for assigned program considerations that can impact residents, staff, visitors, and animals.

- **Phase III:**
  - Identify benchmarks for evaluating the program's success.
  - Develop a plan for evaluating progress towards the program's benchmarks.
Preparatory Phase and Background Information:

The Learning Objectives for this phase are as follows:

- Demonstrate understanding of the IPEC Core Competencies.
- Define the different types of human-animal interactions that occur in the health care setting.
- Identify factors to ensure animal suitability, health, and well-being for human-animal interaction programs.

Prior to participating in this case study, you will be asked to review the following materials prior to participating in this learning activity and complete a quiz based upon the materials.

- Introduction to Interprofessional Education:

- How animals are used in health care settings to improve quality of life:
  - The Eden Alternative: [https://www.youtube.com/watch?v=ZKRMd-r2dN8](https://www.youtube.com/watch?v=ZKRMd-r2dN8)
  - Sasha the Therapy Dog: [https://www.youtube.com/watch?v=hvdfhakoUTQ](https://www.youtube.com/watch?v=hvdfhakoUTQ)

- Benefits of different types of human-animal interactions that occur in the health care setting:

- Factors that must be considered to ensure safe and appropriate human-animal interactions in the health care setting:
    - General standards of practice for animal assisted activity, animal assisted education, animal assisted therapy and animal support.
    - Standards for health and welfare of dogs working in a range of interventions.
Phase I: Introduction of Scenario, SWOT Analysis, and Budget Development

The Learning Objectives for this phase are as follows:

- Demonstrate successful completion of a SWOT analysis by identifying potential benefits and barriers for successful implementation of the program.
- Create a budget and plan for financial sustainability of the program.

During this case study, you will work with your Interprofessional Team to address the following case scenario:

The Village at Pine Crest is an award-winning healthcare center offering short-term rehab, memory care, hospice care, and long term residential nursing care. The Village is equipped to provide complex medical treatment with an emphasis on individualized care and a strong belief in involving the family members of residents in the facility. The Village is designed to accommodate no more than 140 residents.

The Village is comprised of five distinct neighborhoods each with their own dining area, activity room and library. All of the neighborhoods have easy access to the secure garden courtyard. All residential apartments are located on the ground floor.

A new administrator has arrived and is interested in exploring options for integrating animals into the environment. An interprofessional team is being formed to explore the feasibility of implementing programs involving residential and/or therapy animals into the facility. The team will be asked to examine multiple aspects of program development including:

- SWOT analysis
- budget
- policies and procedures for program(s)
- identification of roles of volunteers and staff
- identification of tools for program evaluation purposes
**Activity #1: Roles and Responsibilities**

Your first task is to identify the roles and responsibilities of the professionals represented in the team. Please be sure to think about others who are not members of your team today but whom would be important to include in the process.

<table>
<thead>
<tr>
<th>1. Who are the members of your team?</th>
<th>2. What is the role for each team member?</th>
<th>3. What needs to be done to develop this program?</th>
<th>4. Who is responsible for each need identified?</th>
<th>5. Who else do you want on your team and why?</th>
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Activity 2: SWOT Analysis

Your second task is to complete a “SWOT analysis” worksheet to help the team identify potential strengths, weaknesses, opportunities, and threats associated with implementing the programs at The Village at Pine Crest.

SWOT Analysis

- **Strengths**
- **Weaknesses**
- **Opportunities**
- **Threats**
Activity #3: Budget

Your third task is to complete a budget to help the team identify potential costs associated with implementing the programs at *The Village at Pine Crest*. Be sure to consider both start-up and ongoing costs associated with the program.

**Budget**

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<th>Item</th>
<th>Justification (use)</th>
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**Total**
Phase II: Program Considerations

The Learning Objectives for this phase are as follows:

- Identify potential problems associated with the assigned program consideration area.
- Develop policies and procedures for assigned program considerations that can impact residents, staff, and animals.
Activity #4: Program Considerations

Your fourth task is to think about the “Program Consideration” assigned to your team and identify and reflect upon potential concerns that could arise in regards to the specific consideration, and policies and procedures that could be developed to address these considerations. Be sure to consider the perspectives of the residents, staff, visitors, and animals as you develop your responses.

**Program Consideration: ________________________________**

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<th>What are the potential problems?</th>
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<td>Staff</td>
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<td>Animal</td>
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<td>Visitors</td>
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<th>What polic(ies) should be developed in regards to these problems?</th>
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<th>What procedure(s) should be developed in regards to these problems?</th>
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Keep the following definitions in mind as the activity is completed:
- Policies are written statements that describe how an organization conducts itself. Policies are rules and principles that help guide decision making.
- Procedures are written sets of steps that describe how a particular task should be completed.
Phase III: Outcomes Evaluation

The Learning Objectives for this phase are as follows:

- Identify benchmarks for evaluating the program's success.
- Develop a plan for evaluating progress towards the program's benchmarks.

Activity #5: Outcomes Evaluation

Your fifth task is to work with your team to identify procedures for evaluating the outcomes of your program at The Village at Pine Crest. As you complete the worksheet, be sure to consider how you will maintain the quality and occupancy rates at the facility.

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About the Authors

Jean Prast, OTD, OTRL is an Assistant Professor in the Master of Science in Occupational Therapy Program at Saginaw Valley State University. She has been an occupational therapist for 13 years in a variety of settings including inpatient acute care, outpatient, community-based practice, and academics. Her specialty areas include neurology, program development, fieldwork education, and interprofessional education. She also serves as the Coordinator for Interprofessional Education in the College of Health and Human Services.

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Meghan Baruth, PhD is an Assistant Professor of Health Science at Saginaw Valley State University. She is a behavioral scientist with a background in public health and exercise science. She has been involved in the development, implementation, and evaluation of a number of community-based, behavior change interventions focusing on physical activity and dietary change in various populations.

Lucy Mercier, LMSW, PhD is Professor and Director of the Social Work & Youth Services programs at Saginaw Valley State University. She worked as a psychiatric social worker, family therapist, and in the fields of family violence and chemical dependency prior to her academic career. She researches and publishes in the areas of family diversity, gender and sexuality, and service learning in higher education.