

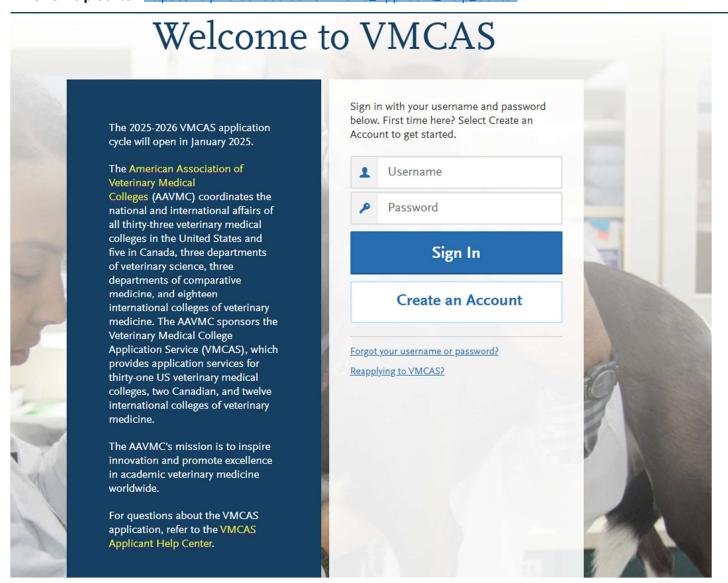
2026 SAMPLE APPLICATION

Preparing your application is the first step on your journey to becoming a veterinarian. The VMCAS is a user-friendly system for applying to veterinary medical schools.

Important dates:

- VMCAS Application Opens: January 22, 2025
- VMCAS Application Deadline: September 15, 2025

VMCAS Help Center: https://help.liaisonedu.com/VMCAS_Applicant_Help_Center



Create an Account

		* Indicates required field
Your Legal Name		
* Legal First Name		
Middle Name		
* Last or Family Name		
Suffix (Jr., Sr., III, etc.)		
Email Address Confirm Email Address		Home 🗸
* Preferred Phone Number	• (201) 555-0123	Mobile 🗸
Alternate Phone Number	• (201) 555-0123	Mobile 🗸
Text and Phone Autho	orization	
have provided or may entity associated with	f Service and to receive calls and/or texts at provide in the future, including any wireless my application process, including but not li d programs, the Liaison International supp	s number, from any mited to my

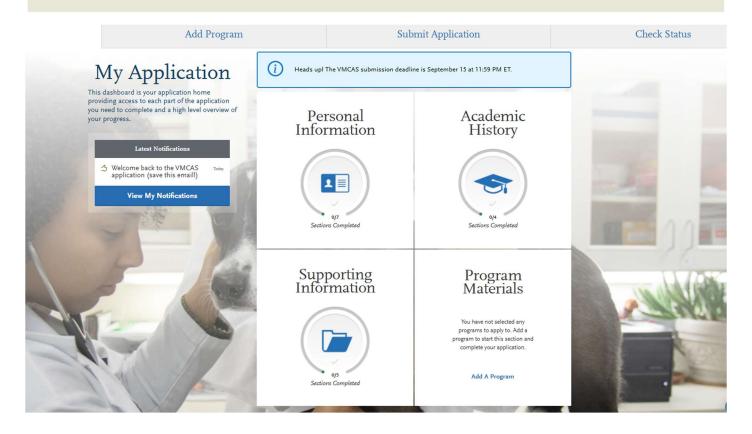
Your username must be at least 6 characters. Your password must be a minimum of 8 characters and contain at least one lower and upper case letter, one number, and a special character. * Username * Password Your password must meet these minimal requirements: Password cannot contain username. Minimum of 8 Characters 1 lowercase letter 1 uppercase letter 1 number 1 special character * Confirm Password Terms and Conditions Terms of Use These Terms of Use constitute an agreement ("Agreement") between you and Liaison International, Inc. (the "Company"), the owner of the website located at www.liaison-intl.com (the "Site"). Your use of the Site and/or the services provided on the Site (the "Services") constitutes your agreement, without limitation or qualification, to be bound by and to comply * I agree to these terms **European Union Data Protection** * Are you currently located in a European Union country, Iceland, Liechtenstein, Norway, or Switzerland? No Create my account

Username and Password

My Extended Profile

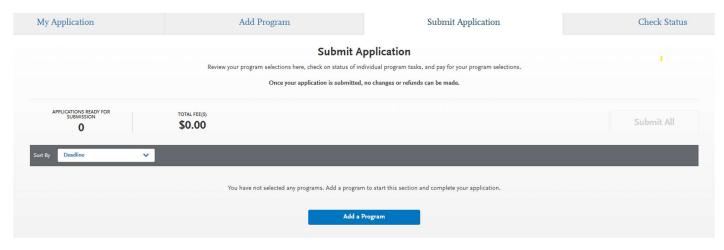
Please provide some additional information in order to set up your application.

	* Indicates required fiel
Intended Term of Enrollment	
 Please let us know when you plan to begin your program to help us serve you better. 	~
Current Academic Status	
Current Academic Status * Please select your current academic level.	~





Programs will be available for submission starting May 8, 2025.





Personal Information

0/7 Sections Completed

Release Statement	
Biographic Information	
Contact Information	
Citizenship Information	
Race & Ethnicity	
Parent/Guardian	
Other Information	

Release Statement

You must review and respond to the following release statements to submit your application. Once you submit your application, your responses cannot be edited. Review these instructions and the content of the statements carefully. It's your responsibility to read and understand these statements before responding to them. Visit the <u>Applicant Help Center</u> for more information.

* Indicates required field

Code of Conduct

* In accordance with the ideals and principles of the veterinary profession, applicants to schools and colleges of veterinary medicine are expected to conduct themselves in a manner that demonstrates responsibility, integrity, veracity, and good judgment. Schools and colleges of veterinary medicine seek to admit applicants who possess a high level of professionalism and potential.

Applicants will demonstrate these qualities by taking ownership of all aspects related to the application and admissions processes. You must follow these guidelines:

- 1. Abide by all VMCAS and school-specific deadlines.
- Review the <u>admissions requirements</u> and <u>application procedures</u> for VMCAS and for each designated veterinary medical school or college to which you plan to apply.
- 3. Communicate with both VMCAS and admissions office personnel in a professional and timely manner.
- 4. Provide all required information on the VMCAS application accurately and by the application deadline.
- 5. Provide all required documents, transcripts, WES evaluations, and letters of recommendation, by the application deadline.
- 6. Provide all required information on the supplemental applications/questions accurately and by the school-specific deadlines.
- Regularly check the VMCAS and school-specific status pages to ensure that your applications are complete and follow up in a timely manner on any missing items.
- 8. Regularly log in to the VMCAS application to check for important messages under Notifications and for your current status in the Check Status tab.
- 9. Regularly check your email for important messages from the schools and colleges to which you applied.
- 10. Notify each admissions office in a timely manner if you do not plan to attend an admissions interview that has been offered to you.
- Respond to all offers of admission by the April 15 Common Reply Date, including the schools and colleges you have decided not to attend.
- 12. Abide by all VMCAS and school-specific deadlines.

Indicate your understanding and acceptance of the terms described above by checking this box.

Application Release and Certification Statements

* I acknowledge that the content requested in the "Program Materials" section of VMCAS is included by the individual veterinary colleges and schools and is neither reviewed nor approved by AAVMC or its technology partner, Liaison International. As such, neither AAVMC nor Liaison International is responsible for, and assume no liability for the compliance of the requested content with state or federal law. In connection with any litigation between or including the parties hereto arising under, out of, or relating to the application, I irrevocably consent to the exclusive jurisdiction and venue in District of Columbia Superior Court or United States District Court for the District of Columbia.

I certify that I have read and understand all application instructions and that all the information and statements I have provided in this application are correct and complete. This includes any statement regarding my state of residence, my college attendance, credits attempted, and all actions by a college/university or other institution.

I have read and understand all notices contained within the application and the <u>VMCAS Applicant Help Center</u> informing me of my obligation to provide true and complete answers to all questions. I understand that withholding pertinent information requested on this application, or giving false information, may be grounds to deny me admission to a veterinary school or college participating in VMCAS or may be grounds to expel me from such school or college after I have been admitted or enrolled. AAVMC reserves the right to alert your selected programs of violations to the Applicant Release and Certification Statements.

	I have read and understand the VMCAS Application Deadline Policy and the VMCAS Refund Policy.
	I authorize the AAVMC VMCAS to disclose my information to (a) a limited number of third-party organizations that are involved in the application process, including AAVMC VMCAS's third-party service providers, and (b) tuition assistance services that request this information, such as those that use information to identify and contact applicants who may be eligible for waivers or scholarships.
	Indicate your understanding and acceptance of the terms described above by checking this box.
k	I give my permission for officials at all institutions I have attended to release information requested by any school or college of veterinary medicine to which I have applied.
	Indicate your understanding and acceptance of the terms described above by checking this box.
k	I certify that the content of my application is my own original work and is an accurate representation of my experience(s). I have not used any AI essay generators (e.g., ChatGPT) or resources to generate the content. I certify that I have not had assistance from other
	individuals beyond providing feedback on the content of my application.
	Indicate your understanding and acceptance of the terms described above by checking this box.
	Indicate your understanding and acceptance of the terms described above by checking this box.
	Indicate your understanding and acceptance of the terms described above by checking this box. Advisor Release * By selecting Yes, you authorize VMCAS to release parts of your VMCAS application and application status to pre-health advisors and advisory committees at schools you previously attended. Your advisor can then better assist you throughout the admissions process. Your academic and application status information is shared; however, your personal, financial, and disciplinary information, as well as
	Indicate your understanding and acceptance of the terms described above by checking this box. Advisor Release By selecting Yes, you authorize VMCAS to release parts of your VMCAS application and application status to pre-health advisors and advisory committees at schools you previously attended. Your advisor can then better assist you throughout the admissions process. Your academic and application status information is shared; however, your personal, financial, and disciplinary information, as well as your personal statement, are not shared. Once you submit your application, you cannot edit this response.
	Indicate your understanding and acceptance of the terms described above by checking this box. Advisor Release * By selecting Yes, you authorize VMCAS to release parts of your VMCAS application and application status to pre-health advisors and advisory committees at schools you previously attended. Your advisor can then better assist you throughout the admissions process. Your academic and application status information is shared; however, your personal, financial, and disciplinary information, as well as your personal statement, are not shared. Once you submit your application, you cannot edit this response. Yes No

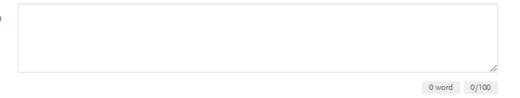
Biographic Information

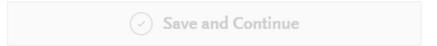
Enter biographic information in this section. Some fields pull in the information entered when you created your account. Confirm that what appears here is correct; click the **My Profile** link to make changes. If you do not identify with the answer options for legal sex, select **Decline to State**. Visit the <u>Applicant Help Center</u> for more information.

You can edit this section after you submit your application. * Indicates required field Legal Sex * What is your legal sex? Female Male Decline to State Gender Identity How do you describe your current gender identity? Pronouns * Please select the set of pronouns you prefer others use when referring to you. Your Legal Name To make changes to your name, go to the Profile Section Legal First Name Diana Middle Name Last or Family Name Suffix (Jr., Sr., III, etc.) Former Name * Do you have any materials under a former legal name?

Birth Information * Date of Birth MM/DD/YYY * Country of Birth Select Country * City of Birth * State/Province of Birth * County of Birth Phonetic Name

If you would like to provide the appropriate pronunciation of your name to your schools, please visit NameCoach, create an account, and share your NameCoach URL in the space below.

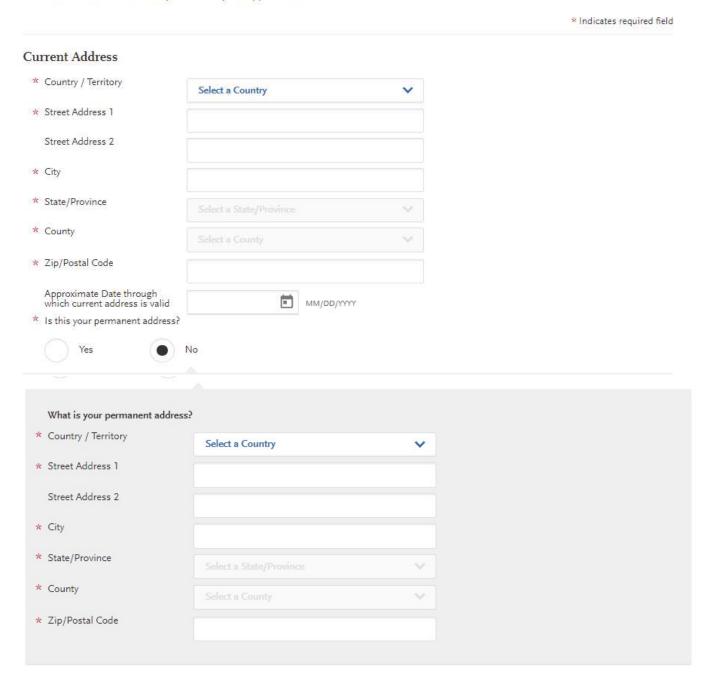


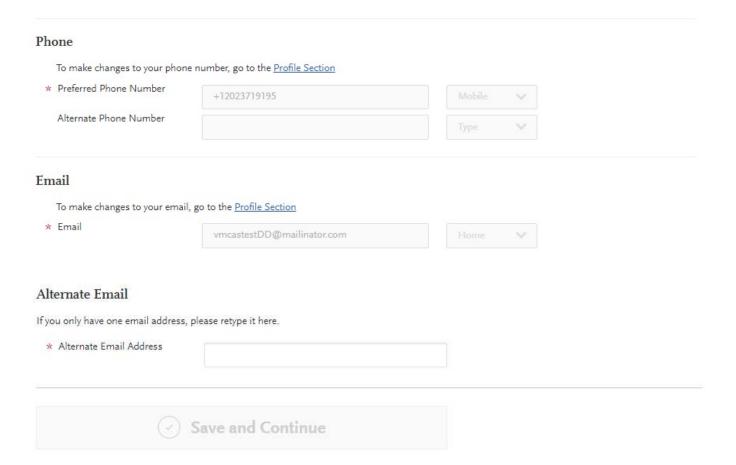


Contact Information

Enter your contact information in this section. Keep this information up-to-date throughout the application process. Visit the <u>Applicant Help Center</u> for more information.

You can edit this section after you submit your application.





Citizenship Information

Enter your citizenship information in this section. Visit the Applicant Help Center for more information.

If you are not a US citizen, you can edit this section after you submit your application.

* Indicates required field United States Citizenship Details * U.S. Citizenship Status Select Citizenship * Country of Citizenship * Do you have dual citizenship? Residency Information * Legal State of Residence Select State/Province * Legal County of Residence * How long have you been a resident of your state? Select Residency Duration * How long have you lived in the U.S.? Select Duration Visa Information * Do you have a U.S. Visa? No Save and Continue

Race & Ethnicity

Select any and all of the options in this section which you feel best apply to you. Note that this section is used for statistical purposes only and in no way affects your application or financial aid eligibility. Visit the <u>Applicant Help Center</u> for more information.

Once you submit your application, you cannot edit this section.

* Indicates required field

Ethnicity

Do you consider yourself to be of Hispanic/Latino origin?

Race

Please select one or more of the following groups in which you consider yourself to be a member.

American Indian or Alaska Native

Asian

Black or African-American

Native Hawaiian or Other Pacific Islander

White

Parent/Guardian

Enter demographic information about your parent(s) or guardian(s). This information is only used for data and recruitment purposes. Visit the <u>Applicant Help Center</u> for more information.

Once you submit your application, you cannot edit this section.



Parent/Guardian

You may update this information at any time prior to submission. Once you have submitted, the information on this page cannot be edited.

Indicates required field Parent Info * Relationship to Applicant Select Relationship * First Name * Last Name Gender Decline to State * Living? Don't Know Occupation Occupation Select Occupation Parent Residency Country of Legal Residence United States Canada State/Province County Parent Education Highest Education Level Select Education Highest Education Level School Parent Household Is this parent in your primary household? Your primary household is where you lived during the majority of your life from birth to age eighteen. (>) Save and Continue

Other Information

Enter your responses to these additional questions. Visit the Applicant Help Center for more information.

Once you submit your application, you can update Infractions only if you submitted your application with an answer of No.

* Indicates required field Language Proficiency * What is your First Language? Select Language + Add Another Language Military Status Indicate your anticipated United States Military status at Select Military Status the time you enroll: Academic Infraction * Have you ever been disciplined for academic performance (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school? No Yes * Have you ever been disciplined for student conduct violations (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school? No Additional Information Your primary college or university is the college or university where you will earn (or have earned) your first bachelor's degree. * Student Reported GPA from Primary School **Education Interrupted** * Has there been any interval longer than 3 months during which you were not enrolled as a student or employed? **WICHE Applicants** You are a WICHE (Western Interstate Commission for Higher Education) applicant if you are a resident of Arizona, CNMI, Hawaii, Montana, New Mexico, North Dakota, or Wyoming AND if you have applied for and/or received notice from the certifying office in your state/territory that you are a duly certified applicant for the Professional Student Exchange Program. For more information, contact your WICHE State Certifying Office. You can also visit the WICHE website for more information about how WICHE PSEP applicants are selected for support in veterinary medicine. * Are you a 'WICHE' applicant? No

evious	s Applications	
Have	e you previously applied to one or more colleges of veterinary medicine through VMCAS?	
	Yes No	
k Have	s Attendance at a Professional Program you ever enrolled in or attended a veterinary school, medical school, law school, or other professional lment in any post-baccalaureate veterinary preparatory program with the intent to earn a professional	al degree program? Include I degree.
•	Yes No	
please	e indicate the school and program you attended, regardless of the outcome, degree earned, or course: indicate what type of degree it was. If you did not complete the program/degree, please indicate why led in Academic History.	es acquired. If you earned a degree, y. You must report the college(s)
		0 word 0/1000
ersona	al Pet Experience	
	ch of the following have you had as a personal pet? (Check all that apply) Aquatic	
	ch of the following have you had as a personal pet? (Check all that apply)	
	Aquatic Bovine	
	Aquatic Bovine Camelid	
	Aquatic Bovine Camelid Canine	
	Aquatic Bovine Camelid Canine Cervids	
	Aquatic Bovine Camelid Canine Cervids Equine	
	Aquatic Bovine Camelid Canine Cervids Equine Feline Honey bees Non-poultry birds	
	Aquatic Bovine Camelid Canine Cervids Equine Feline Honey bees Non-poultry birds Pocket pets	
	Aquatic Bovine Camelid Canine Cervids Equine Feline Honey bees Non-poultry birds Pocket pets Poultry	
	Aquatic Bovine Camelid Canine Cervids Equine Feline Honey bees Non-poultry birds Pocket pets	

Pell Eligibility	
* Are you a recipient of a Pell Grant or Pell eligible?	
Yes No	
First Generation College Student	
A first generation student is defined as a student for whom neit student?	ther parent / legal guardian has attended college. Are you a first generation
Yes No	
Background Information	
	ioeconomic, racial, ethnic, religious, and educational backgrounds and persons fror ions in this section which you feel best apply to you. Please note that VMCAS uses application or financial aid eligibility.
* Check if any of the following apply to you:	
I graduated from a high school from which a low percen	tage of seniors receive a high school diploma.
I am from a family that receives public assistance (e.g. A housing) or I receive public assistance.	Aid to Families with Dependent Children, food stamps, Medicaid, public
I am a high-school drop-out who received AHS diploma	or GED.
English is not my primary language.	
None apply.	
(number of exemptions listed on parent's Federal 1040 income	background, you are asked to compare your parental family's size of household tax forms) and adjusted gross income against the chart provided in the link ome poverty guidelines. You should use your parents most recent tax forms
Your parent's family income falls within the table's guidelines a	nd you are considered to have met the criteria for economically disadvantaged.
Yes No	
* What is the type of geographic area where you were raised?	~

Organization Participation

Indicate whether you were a participant in any of the organizations below.

Your responses in this section are confidential, will not be shared with programs, and in no way affect your application. Your responses will only be used to help the AAVMC evaluate current and potential partnerships with organizations that aim to increase awareness about career opportunities in health professions for students in grades K-16.

Solution of State of the State		
American Pre-Veterinary Medical Association (APVMA)	~	
HOSA - Future Health Professionals	~	
National FFA Organization	~	
4-H	~	
Society for the Advancement of Chicanos/Hispanics	V	
and Native Americans in Science (SACNAS)	Ť.,	
Annual Biomedical Research Conference for Minoritized		
Scientists (ABRCMS)	•	
Minorities in Agriculture, Natural Resources, and		
Related Sciences (MANRRS)	~	
National Society for High School Scholars (NSHSS)		
Tradicial Society for Fight School Schools (15/155)	~	
Cirl Scouts or Boy Scouts		
Girl Scouts or Boy Scouts	~	
T . D		
The Duke of Edinburgh's Award	~	
W 1994 - 18		
Explanation Statement		
You may use this section to provide any relevant inform	ation not covered elsewhere in your application that you belie	ve is important for the
admissions committee(s) to know about you. Please en (including spaces). External links or documents are not	sure your explanation is clear, concise, and does not exceed 3 accepted.	oud characters
		- i
e e		
		0 word 0/3000





High School Attended

Colleges Attended

Transcript Entry

Standardized Tests

High School Attended

Enter the high school that you graduated and received a high school diploma from. Visit the Applicant Help Center for more information.

You can edit this section after you submit your application.

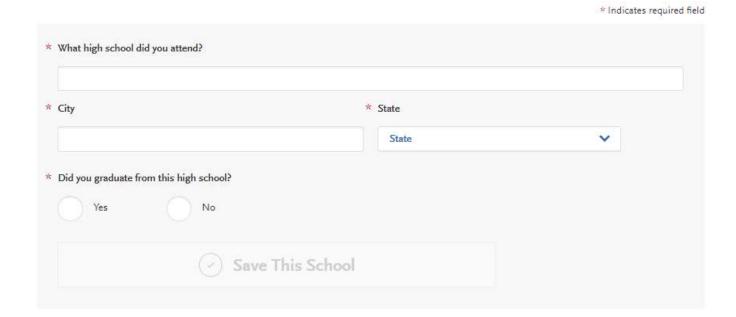


+ Add Your High School

Add Your High School



Enter details from the high school where you received your degree below.



Colleges Attended

Report all institutions attended, regardless of:

- · Their relevance to the programs you're applying to, and
- · Whether the coursework completed there was transferred to another institution.

Report each institution only once, regardless of the number of degrees earned or gaps in the dates of attendance. Visit the <u>Applicant Help Center</u> for more information.

You must send VMCAS all official transcripts electronically or by mail; we do not accept transcripts via email.

If you attended a foreign (i.e., non-US, non-English-Canadian, or Caribbean medical school) institution, you must send VMCAS an official WES (World Education Services) ICAP course-by-course evaluation electronically. See Sending Official Transcripts to VMCAS for more information.

Once you submit your application, you cannot edit previously entered colleges and universities, but you can add new colleges and universities.

Add a College or University

Colleges Attended

Last Semester

Semes... V

Month

Year

Add a College or University Report all institutions attended. Once you submit your application, you cannot edit previously entered colleges and universities, but you can add new colleges and universities. * Indicates required field * What college or university did you attend? BOSTON UNIVERSITY * Did you obtain or are you planning to obtain a degree from this college or university? No Yes * Degree Info Û Degree Awarded Degree In Progress * What type of degree did you earn? * When did you earn that degree? Select Degree Type Select Month V Select Year V * What was your major? What was your minor? Select Minor Select Major Check if you were a double major + Add another Degree * What type of term system does this college or university use? Trimester * Are you still attending this college or university? Yes When did you attend this college or university? Select the first and last terms you attended this institution, regardless of gaps in attendance. First Semester Semes... V

Colleges Attended

Report all institutions attended, regardless of:

- · Their relevance to the programs you're applying to, and
- · Whether the coursework completed there was transferred to another institution.

Report each institution only once, regardless of the number of degrees earned or gaps in the dates of attendance. Visit the <u>Applicant Help Center</u> for more information.

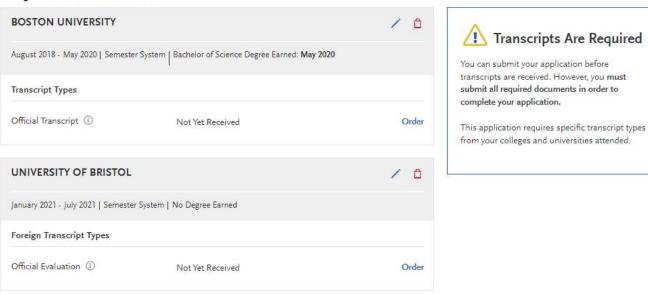
You must send VMCAS all official transcripts electronically or by mail; we do not accept transcripts via email.

If you attended a foreign (i.e., non-US, non-English-Canadian, or Caribbean medical school) institution, you must send VMCAS an official WES (World Education Services) ICAP course-by-course evaluation electronically. See <u>Sending Official Transcripts to VMCAS</u> for more information.

Once you submit your application, you cannot edit previously entered colleges and universities, but you can add new colleges and universities.



Colleges and Universities Attended



*Foreign transcripts (including French-Canadian Institutions) must be evaluated by World Education Services (WES) and submitted to VMCAS. VMCAS requires a course-by-course evaluation from WES. It is recommended that transcript(s) be submitted to the translation service (WES) at least one month before the VMCAS deadline.

VMCAS does not require a WES from English-speaking Canadian institutions.

Transcript Entry

To complete this section accurately, review these guidelines. For more information, visit the Applicant Help Center:

- Enter all courses on your transcripts. Be sure to include courses from which you withdrew, repeated courses, ungraded labs, test credits, gym courses, orientations, or other non-graded courses.
- Use official copies of your transcripts. List your courses under the correct term, year, and class level. Department prefixes and course numbers must precisely match those on your transcripts.
- Enter all planned or in-progress courses for future terms in the application. This will allow you to match future courses to
 prerequisites. Ensure the date range for the institution includes all intended terms.
- Enter courses under the institution where you originally took the course, exactly as they appear on the original school's transcript. Keep in mind:
 - Dual enrollment courses (college courses taken during high school) are considered Freshman and should be listed under the college where you took them.
 - List transfer courses under the school where the credits were originally earned, not where the credits were transferred.
 If necessary, go back to the Colleges Attended section and add a school to enter the transfer credits for.
 - Enter grades exactly as they appear on your transcript, including any pluses or minuses. If your grades are listed as
 "BA," "CB," or "DC," you must list them as "AB," "BC," and "CD" for the system to recognize them. Grades that are
 listed as numbers (e.g., 93) will automatically convert to the equivalent CAS letter grade when you enter them.
 - Generally, study abroad coursework should be entered under the institution attended and marked as Study Abroad during Transcript Review. For more information, review the Study Abroad or Overseas Transcripts section of the Applicant Help Center.
- Under Transcript Review, designate your primary college and specific courses as study abroad, Advanced Placement, repeated, etc.

Are you paying for the Professional Transcript Entry (PTE) service? If so, you must:

- · Enter any in-progress or planned coursework prior to submitting your application.
- Complete and submit your application to at least one program.
- · Request all official transcripts and WES evaluations, if applicable.

Once you submit your application, you cannot edit previously entered coursework, but you can add new coursework after you're verified.

Transcript Entry

BOSTON UNIVERSITY Transcript

Fall August 2018 - Spring May 2020

+ Add A Course

+ Add A Semester

* Indicates required field Alright, start by adding a semester. + Add A Semester * Indicates required field. *TERM -YEAR ACADEMIC STATUS #COMPLETION STATUS Fall 2015 Graduate Completed Cancel Enter your courses first. For any courses you took that fall outside of the typical academic statuses, choose Freshman. After you enter all courses, you will start Transcript Review where you will be asked to identify courses that are Repeated, Advanced Placement, Other Tests, Honors, and Study Abroad. (i) + Add A Course * Indicates required field. Fall 2015 Graduate * GRADE CAS GRADE * COURSE CODE * COURSE TITLE * SUBJECT * CREDITS Chem 411 Advanced Chem Theory Chemistry 4.00 Success! Now add the rest of your courses, making sure to add them under their proper semester.

BOSTON UNIVERSITY Transcript

Fall August 2018 - Spring May 2020

* Indicates required field *TERM *YEAR #ACADEMIC STATUS *COMPLETION STATUS Fall 2018 Freshman Completed * COURSE CODE * COURSE TITLE * SUBJECT * CREDITS * GRADE CAS GRADE 3 00 🗸 **BIO 101** Biology Biology Û 00 🗸 Select Subject Û e.g., BIO 101 e.g., Introduction to Biology e.g., 3.00 e.g., 85 or B + Add A Semester + Add A Course Cancel Save Enter your courses first. For any courses you took that fall outside of the typical academic statuses, choose Freshman. After you enter all courses, you will start Transcript Review where you will be asked to identify courses that are Repeated, Advanced Placement, Other Tests, Honors, and Study Abroad.

Prerequisites Information:

Some programs to which you are applying have prerequisites. Please enter coursework that fulfills these prerequisites.

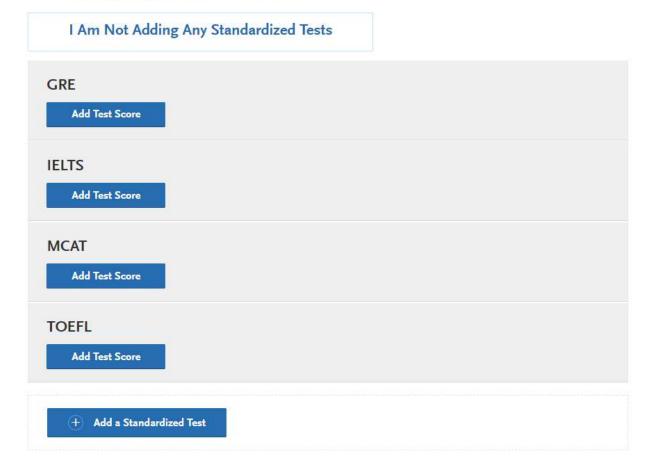


Standardized Tests

You can self-report your standardized test scores or report tests you plan to take in this section. Some of the programs you apply to may require you to report certain test scores; be sure to check with your programs to ensure you're completing all requirements. Visit the <u>Applicant Help Center</u> for more information.

Once you submit your application, you cannot edit previously entered tests, but you can add new tests.

Note that self-reporting your scores isn't the same as providing official scores to your programs. If your programs require official test scores, see <u>Sending Official Test Scores</u> for more information.



Add Your Tests



Please provide information about the tests you have taken or plan to take. You may add or update this information at any time prior to submission. Once you have submitted, you will be able to add additional tests as well as update the ones marked "plan to take", but you will not be able to update or delete completed tests.

* What type of test do you want to add?

* Have you taken the test?

* When do you plan to take this test?

* MMM/DD/YYY

ETS Registration Code

Save and Add Another

Save This Test





Essay Recommendations Experiences Achievements Licenses and Certifications Essay

Your statement of purpose is a one-page essay that gives veterinary admissions committees a clear picture of who you are and, most importantly, answers the question, why do you want to pursue a career in veterinary medicine. Be sure to enter your entire essay in the text box below. External links or documents are not accepted. Visit the Applicant Help Center for more information.

Once you submit your application, you cannot edit this section.

* Indicates required field

Essay

* Your statement of purpose must answer the question: Why do you want to pursue a career in veterinary medicine?

Although there is no set of rules mandating what a strong statement of purpose should include, here are a few tips to help you successfully

- · Many of you have had meaningful experiences with animals or veterinarians as children and these may be important but should only be mentioned briefly, if at all. Your current interest in the field is most relevant to your
- · You might explain a defining moment that helped steer you toward a career in veterinary medicine.
- As you are telling us why you want to pursue a career in veterinary medicine, what distinguishes you as a candidate?
- . Discuss how you would contribute to the profession and patient care, all of which will help you stand out from other
- . Be thoughtful. Explain why you are a good candidate for veterinary school and convey your passion for veterinary medicine in specific terms.
- Be original. Discuss your contribution to the profession and what distinguishes you as a candidate. Ask yourself-in a pile of 100 applications, would I enjoy reading my statement?
- · Be sure to convey your passion for veterinary medicine.
- · Your application materials already contain a summary of your accomplishments, so avoid repeating information from other sections.
- · Give yourself enough time to organize your thoughts, write well and edit as necessary.
- Ask yourself if this essay is a good representation of your character, ideals and aspirations.
- Remember to proofread!

Recommendations

You must have a minimum of 3 requested recommendations in order to submit your application. You may enter a maximum of 6.

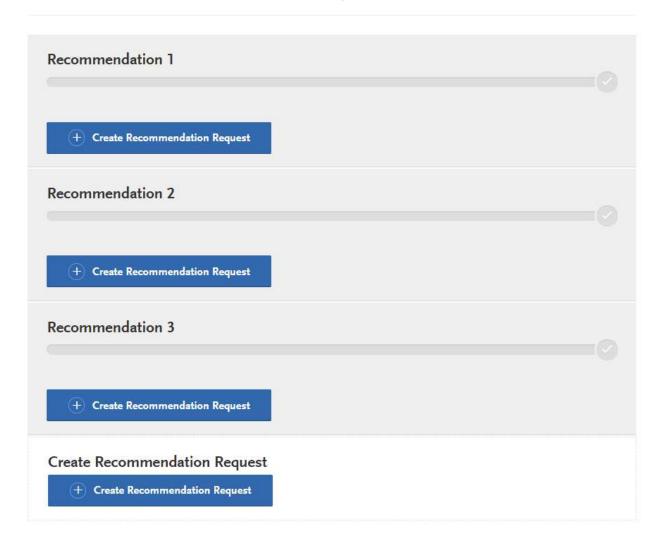
Once you have saved an electronic recommendation, an email request will automatically be sent to the recommender on your behalf. Please advise your recommender to look for this email in their inbox, as well as their spam or junk-mail folder, as emails do occasionally get filtered out.

In this section, you can send requests for recommendations. Recommendations (sometimes called Letters of Evaluation, Letters of Reference, or Letters of Recommendation) are submitted by the recommenders themselves via Liaison Letters, our recommender portal; they cannot be completed or submitted by the applicant or another party on behalf of the recommender. Visit the <u>Applicant Help Center</u> for more information.

You can submit your application once you request at least three recommendations; your recommenders can complete their recommendations at any time before the application deadline. To resend a recommendation request, click the blue pencil icon and click Resend This Recommendation Request.

You can edit and delete requests that are in Requested or Accepted status. Once a request is Completed, you cannot make any changes regardless of whether you've submitted your application or not.

Share the VMCAS Guidelines for Recommendation Letter Writers with your recommender.



Create Recommendation Request



* Indicates required field

Recommender's Information		
* First Name		
* Last Name		
* Email Address		
* Due Date	MM/DD/YYY	
* Personal Message to Your Recommender		
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		0 word 0/500
		0 WOIG 0/300
Vaiver of Recommendation * I waive my right of access to this recom Permission to Contact Recomn		0,000
* I waive my right of access to this recom Permission to Contact Recomn I hereby give permission to con recommendation. If my recommendation.		n form and letter of request, it is my
* I waive my right of access to this recom Permission to Contact Recomn I hereby give permission to con recommendation. If my recommender sole responsibility to contact the	nender Intact this recommender via email to request the completion of the recommendation mender does not submit an online recommendation form in response to the email the recommender directly to ensure all recommendations required by my designated	n form and letter of request, it is my

Experiences

You may update the information in this section at any time prior to submission. Once you have submitted, you will be able to add more Experiences, but you will not be able to update or delete completed Experiences.

Enter your professional experiences in several categories, or types, in this section. Consider the duties you performed and choose the category that you think best fits the experience. Additionally, review these best practices:

- Enter only current or completed high school and college experiences. All experience hours entered must be completed by the
 application deadline (September 15, 2025).
- · Review the Applicant Help Center for definitions and an experience chart.
- · Indicate in the Description field if your experience was virtual or in-person.
- If your experience doesn't have a set schedule (e.g., 4 hours a week for 8 weeks), then calculate the average weekly number of
 hours you completed. For example, if you worked 2 hours in the first week and 8 hours in the second week for a total of 10
 hours for 2 weeks, then enter 5 hours over 2 weeks.



Experiences

Add Your Experiences



Update your experiences any time prior to submission. After submission, you can add more experiences. However, you cannot update or delete completed experiences.

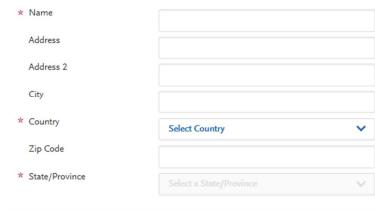
* Indicates required field

Experience Type

* What type of experience do you want to add?

Type

Organization



• (201) 555-0123	
MM/DD/YYY	
Yes No	
MM/DD/TTY	
	~
Status	
Compensated	
Received Academic Credit	
Volunteer	
	x
	=
Yes No	0 word 0/600
	Yes No MM/DD/YYY Status Compensated Received Academic Credit

Achievements

Enter any relevant professional or academic achievements in several categories, or types, in this section. <u>Click here</u> to review the definitions, consider the achievement you earned, and choose the category that you think best fits.

Once you submit your application, you cannot edit previously entered achievements, but you can add new achievements.



Achievements

Add Your Achievements



Update your achievements any time prior to submission. After submission, you can add more achievements. However, you cannot update or delete completed achievements.

Achievement Details

* Type

* Name

Name of Presenting Organization

Issued Date

Brief description

* Indicates required field

* Indicates required field

* Indicates required field

* Manual Select Achievement Type

* Manual Awards

Honors

Scholarships

* MM/DD/YYYY

* O word 0/600



Licenses and Certifications

You may update the information in this section at any time prior to submission. Once you have submitted, you will be able to add more Licenses and Certifications, but you will not be able to update or delete completed Licenses and Certifications.

Add any current professional licenses and certifications that you have in this section. Click here for more information.

Once you submit your application, you cannot edit previously entered licenses and certifications, but you can add new licenses and certifications.



Licenses and Certifications

Add Your Licenses and Certifications



You may update the information in this section at any time prior to submission. Once you have submitted, you will be able to add more Licenses and Certifications, but you will not be able to update or delete.

* Indicates required field

